The Cycle Pattern in Judges

Israel Disobeys

Israel is at Peace

Israel is Oppressed

Israel is Delivered

Israel Cries Out

God Raises up a Deliverer
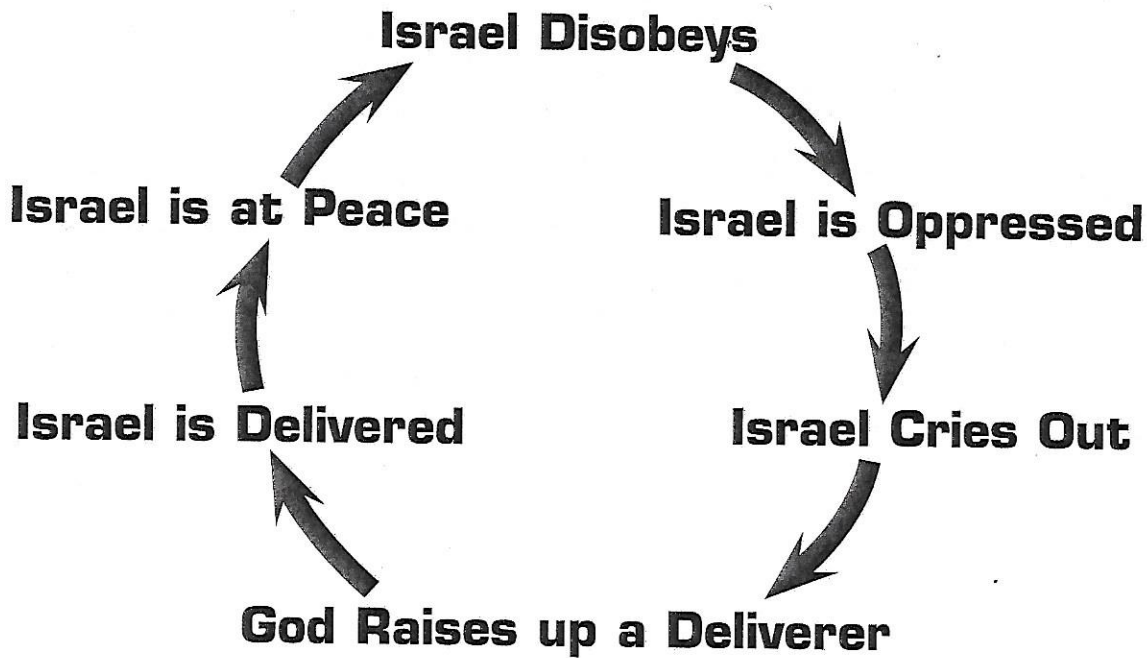
Judge	Description	Years Judged
Othniel	After 8 years of oppression from King Cushan of Aram, Othniel went to war and delivered Israel.	40 years
Ehud	After 18 years of oppression from King Eglon of Moab, Ehud killed Eglon, went to war against Moab, and was victorious.	80 years
Shamgar	Shamgar killed 600 of the Philistines with a poking device used to move animals along.	unknown
Deborah	After 20 years of oppression from King Jabin of Canaan, Deborah convinced Barak to attack. Barak was victorious	40 years
Gideon	After 7 years of Midianite oppression, Gideon defeated the Midianites with only 300 men, using trumpets and jars.	40 years
Tola	The son of Puah son of Dodo from the tribe of Issachar. He lived in Ephraim.	23 years
Jair	A man from Gilead who had thirty sons who rode thirty donkeys, and they had thirty towns in Gilead.	22 years
Jephthah	After 18 years of Ammonite oppression, Jephthah delivered Israel after making a vow with the Lord.	6 years
Ibzan	Ibzan was from Bethlehem. He had thirty sons and thirty daughters.	7 years
Elon	Elon was from the tribe of Zebulun.	10 years
Abdon	Abdon, son of Hillel, had forty sons and thirty grandsons who rode on seventy donkeys.	8 years
Samson	A Nazarite with superhuman strength. Killed 1000 Philistines with a jawbone. Destroyed a Philistine temple.	20 years